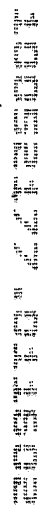


Variable	Unit	Mean	Standard deviation	Minimum	Maximum
Age	Years	35.2	10.5	22	55
Gender	Male/Female	50/50	-	-	-
Education	Years	12.5	1.2	10	15
Income	\$1000s	25.0	15.0	10	50
Marital status	Married/Single	60/40	-	-	-
Occupation	Professional/Service/Unemployed	40/30/30	-	-	-
Health status	Good/Fair/Poor	50/30/20	-	-	-
Smoking status	Smoker/Non-smoker	30/70	-	-	-
Alcohol consumption	Drinks per week	2.0	1.5	0	5
Exercise frequency	Times per week	1.0	1.0	0	3
Stress level	Low/Medium/High	30/40/30	-	-	-
Sleep quality	Hours per night	7.5	1.0	6	9
Dietary habits	Vegetarian/Non-vegetarian	20/80	-	-	-
Family size	Number of children	1.5	1.0	0	3
Home ownership	Owner/Renter	70/30	-	-	-
Commute time	Minutes	20.0	10.0	10	40
Work hours	Hours per week	40.0	5.0	30	50
Job satisfaction	Low/Medium/High	30/40/30	-	-	-
Life satisfaction	Low/Medium/High	40/30/30	-	-	-
Overall health	Good/Fair/Poor	50/30/20	-	-	-



Variable	Unit	Mean	Standard deviation	Minimum	Maximum
Age	Years	35.2	10.5	22	55
Gender	Male/Female	50/50	-	-	-
Education	Years	12.5	1.2	10	15
Income	\$1000s	25.0	15.0	10	50
Marital status	Married/Single	60/40	-	-	-
Occupation	Professional/Service/Unemployed	40/30/30	-	-	-
Health status	Good/Fair/Poor	50/30/20	-	-	-
Smoking status	Smoker/Non-smoker	30/70	-	-	-
Alcohol consumption	Drinks per week	2.0	1.5	0	5
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Stress level	Low/Medium/High	30/40/30	-	-	-
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Work hours	Hours per week	40.0	5.0	30	50
Job satisfaction	Low/Medium/High	30/40/30	-	-	-
Life satisfaction	Low/Medium/High	40/30/30	-	-	-
Overall health	Good/Fair/Poor	50/30/20	-	-	-



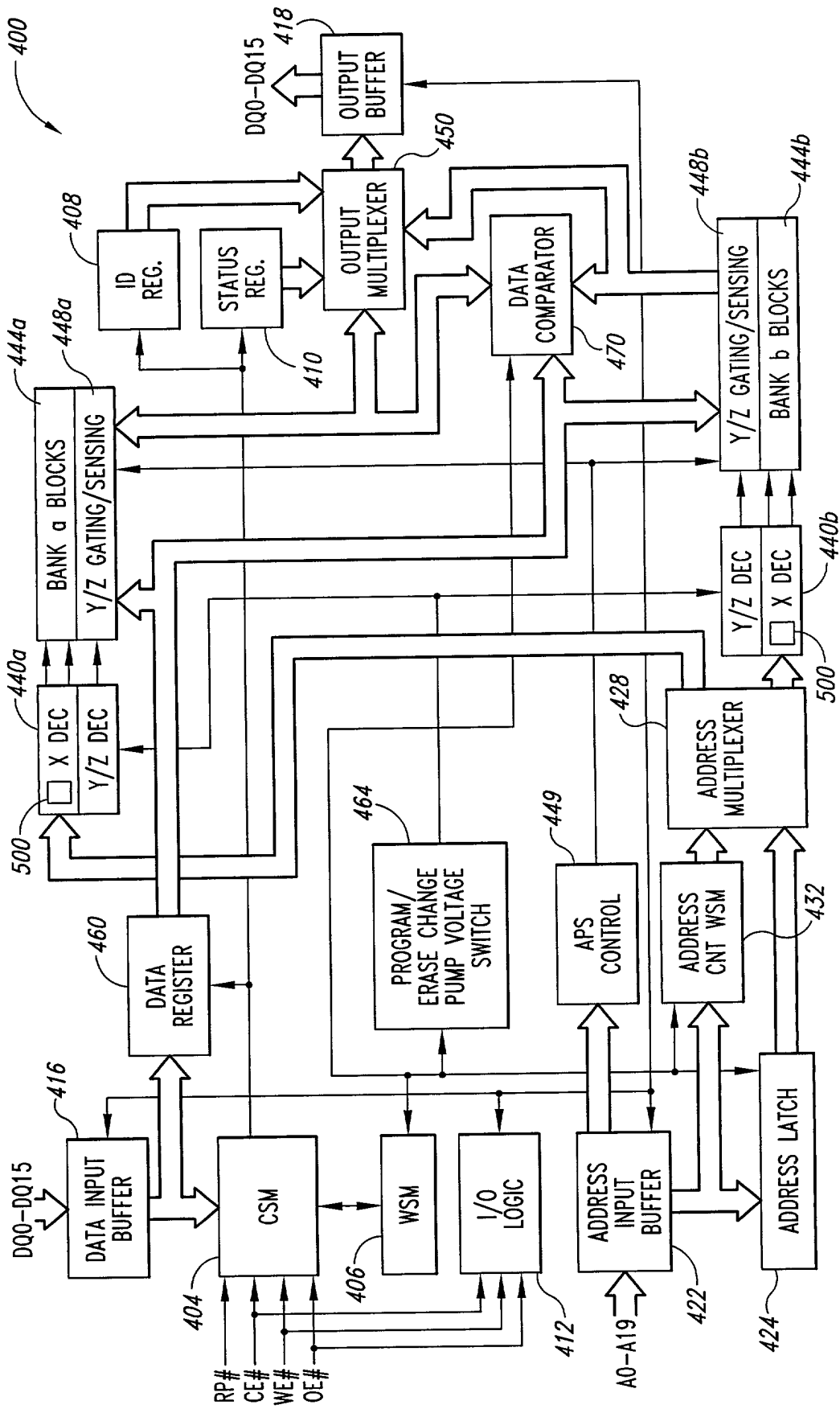
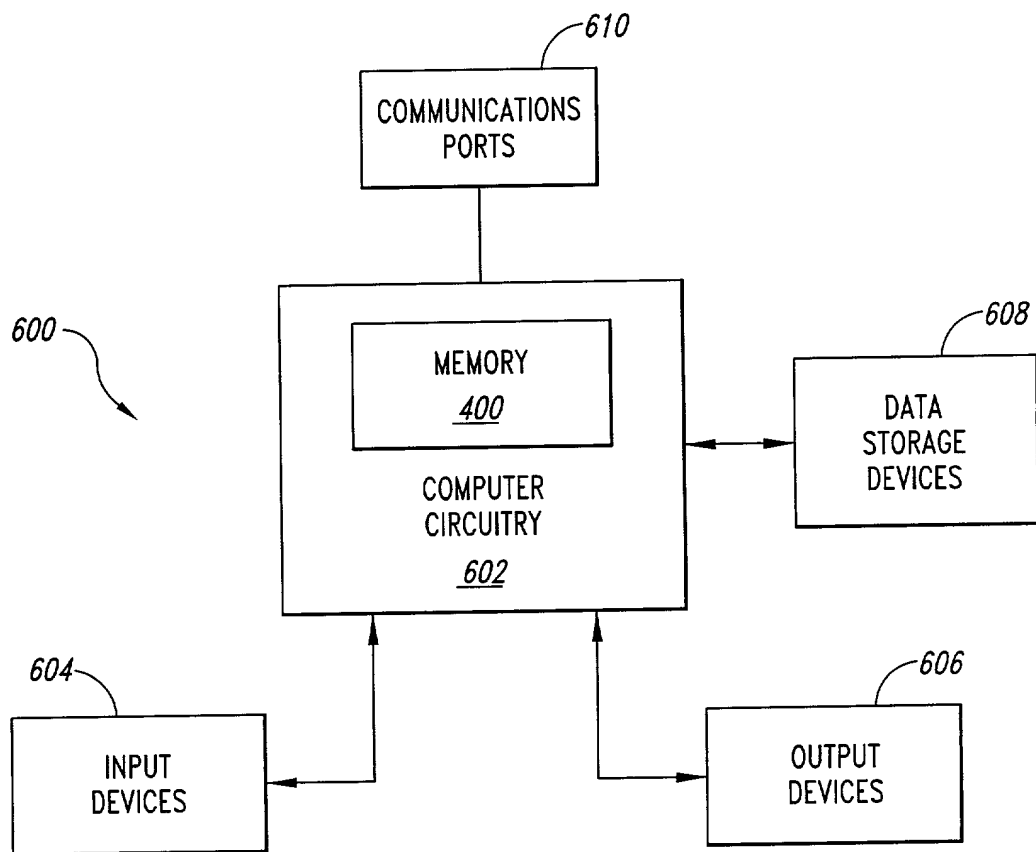


Fig. 5



*Fig. 6*